



PABLO ARÉVALO

COACH & PERFORMANCE ANALYST | RUGBY XV & 7s

CURRENT POSITION



PERFORMANCE ANALYST + OPERATIONS MANAGER

BF SPORTS ANALYSIS Dublin, Ireland, 2023

Rugby analysis, research and development services

Working with one third of the clubs competing in the Irish Premiership, as well as English professional teams and American Universities

VIDEO ATTACHMENT

<https://youtu.be/9Wc0jr6Xh94>

Presentation as Analyst:
Experience and Skills

CONTACT DETAILS



pabaremar@gmail.com



(+34) 627 050 983

PERSONAL INFO

Spanish nationality

Valladolid
1987/09/16

Spanish
Mother tongue
English
Proficient user

Driving License
European Union Type B

RECENT WORK EXPERIENCE – Spain Club Rugby

LEAD COACH

BELENOS RUGBY CLUB 2023

Spanish Premiership A

*9th place – Season goal accomplished
Club's debut in the Premiership + best ever ranking*



HEAD COACH

A.D. INGENIEROS INDUSTRIALES de LAS ROZAS 2021/2022

Spanish Premiership B

3rd place | Club's best ever ranking



HEAD COACH

C.R. MAJADAHONDA 2020/2021

Spanish Premiership B

6th place | Club's debut in the Premiership + best ever ranking



WORK EXPERIENCE – International Rugby

PERFORMANCE ANALYST

+ ASSISTANT COACH

SPAIN WOMEN'S 7s NATIONAL TEAM

2015, 2016 & 2017



• World Rugby **Olympic** Repechage 2016 | **Champions**
Olympic Diploma – Río 2016 Olympic Games | 7th place



• **HSBC World Rugby Seven Series**
• **Rugby Europe Grand Prix**

WORK EXPERIENCE – International Rugby

PERFORMANCE ANALYST

+ ASSISTANT MANAGER

SPAIN MEN'S 7S NATIONAL TEAM

2015, 2016 & 2017

- **Rio 2016 Olympic Games** | 10th place
- **HSBC World Rugby Seven Series Qualifier**
Hong Kong | 2016 & 2017 - **Champions**
- **Rugby Europe 2017 Grand Prix** | 3rd place



PERFORMANCE ANALYST

+ ASSISTANT COACH

SPAIN WOMEN'S XV NATIONAL TEAM

2015, 2016 & 2017

- **Women's Rugby World Cup 2017**
Qualification: **play-off vs Scotland**
- International Test Matches



PERFORMANCE ANALYST

CANADA WOMEN'S XV NATIONAL TEAM

2018

- East & West Training/Trial Camps



PREVIOUS WORK EXPERIENCE
Spain Club Rugby

HEAD COACH

INEF – L'HOSPITALET 2019/2020

Spanish Women's Premiership A



HEAD COACH

UNIÓ ESPORTIVA SANTBOIANA

2018/2019

Catalan Women's Premiership League Champions

Progression from the bottom place the previous season



HEAD COACH

CATALONIA WOMEN'S 7s PROVINCIAL TEAM

2018/2019

Semifinalist National Provincial Championship



PERFORMANCE ANALYST

ALCOBENDAS RUGBY 2015/2016

Spanish Premiership A | 6th place



PREVIOUS WORK EXPERIENCE
Spain Club Rugby

ASSISTANT COACH | Backs & Attack
SPAIN MEN'S U16 & U17 NATIONAL TEAMS
2012/13 - 2013/14



- Stage FIRA/AER & Cross Border Rugby Europe competitions

HEAD COACH
VRAC QUESOS ENTREPINARES U14, U16 & U18 2010 - 2015
+ CASTILLA Y LEÓN U16 & U18 PROVINCIAL TEAMS



- U14 & U16 Spanish National Tournament Finalists
- Around 10 international capped players for Spain out of these programs (Spain U16, U17, U18, Senior 7s and/or Senior XV's)

SIGNIFICANT SELECTION PROCESSES

In 2018 & 2019 I was selected to participate in the selection processes of the **English RFU** and the **Hong Kong RU** to hire a national program performance analyst.

I progressed through several phases of research work and interviews that were very well valued.

REFEREES

Juan González Marruecos
juan.gonzalez.marruecos@gmail.com
Spain Women's XV National Team Head Coach

Bárbara Pla
barbarapla@hotmail.com
Former Spain Women's 7s National Team Captain

Keith Chapman
keithchapmanmadrid@gmail.com
Spain Men's 7s National Team Manager
Former Deputy Chairman of the Spanish Rugby Union

RUGBY/SPORT EDUCATIONAL EXPERIENCES



SPAIN LEVEL 3 NATIONAL RUGBY COACH
+ Rugby Seven Level 1 & 2
July 2014



INTERNATIONAL SOCIETY OF PERFORMANCE ANALYSIS OF SPORT
Accredited analyst – Applied level 4 out of 5
January 2018



ENGLAND RUGBY FOOTBALL UNION
Level 2 Coach
August 2013
Course integrated in the preseason activities of Rotherham Titans (RFU Championship team)



WORLD RUGBY RWC 2015 LEGACY PROGRAM
National & provincial education + management methods and strategies



April 2014
Member of the Spanish Rugby Union committee invited by World Rugby, England Rugby Football Union, Northumberland County Union and Newcastle Falcons in order to learn from their methodology and management procedures



UNION BORDEUX-BEGLES

Invitation
September 2017
I was invited by their analysts and coaches to observe their work structures and learn from their methodology on the Top 14 professional team and the "Espoirs" one (U22).



ESCOCIA SUB-18
Preseason training camps
Valladolid | July 2012, 2013, 2014 y 2015
Shadow coaching invitations

SENIOR RUGBY PLAYER EXPERIENCE

- Attila IF
Swedish Premiership
2008-2011
(Half back)
- VRAC Quesos
Entrepinares
Spanish Premiership development squad
2005-2008 / 2011-2014
(Half back & Centre)



STAGE FIRA-AER U16 (RUGBY EUROPE)

Educational congress

Lisbon, April 2013 & Valladolid, April 2014

Exclusive activity designed for a selection of Portuguese and Spanish national coaches.

Joint training sessions between both national U16 squads.



CRACKADEMIA BARCELONA 2013 | XESCO ESPAR

Planning, periodization and team management seminar

OTHER EDUCATIONAL AND WORK EXPERIENCES



In process:

Official Certification as Personal Trainer by the NSCA

(USA National Strength and Conditioning Association)



English Advanced Language Studies | 2008-2011

Folkuniversitetet; Stockholm, Sweden

- English conversational skills teacher | Valladolid 2012 – 2015

- Several part time summer jobs | Stockholm, Sweden 2008-2011

Storehouse operator, substitute teacher, construction work,...